



EXPECTANT AND NEW MOTHERS

- **WHAT TO EAT WHEN YOU ARE EXPECTING**
Eisenberg, Murkoff and Hathaway
- **WHAT TO EXPECT WHEN YOU ARE EXPECTING**
Eisenberg, Murkoff and Hathaway
- **PLANNING FOR PREGNANCY, BIRTH AND BEYOND**
ACOG (The American College of Obstetricians and Gynecologist)
- **EASTMAN'S EXPECTANT MOTHERHOOD**
Russel
- **PREGNANT AND LOVING IT**
Curtis, beard and Coroles
- **YOUR PREGNANCY WEEK BY WEEK**
Curtis
- **A CHILD IS BORN**
Nilsson, Ingelman-Sundberg and Wirsén
- **HAVING A BABY**
Trimmer
- **WHAT TO EXPECT THE FIRST YEAR**
Eisenberg, Murkoff and Hathaway
- **NURSING YOUR BABY**
Pryor and Pryor
- **THE WOMANLY ART OF BREASTFEEDING**
LaLeche League International
- **THE NURSING MOTHERS' COMPANION**
Huggins