



EXPECTANT AND NEW MOTHERS

- ⌚ WHAT TO EAT WHEN YOU ARE EXPECTING
Eisenberg, Murkoff and Hathaway
- ⌚ PLANNING FOR PREGNANCY, BIRTH AND BEYOND
ACOG (The American College of Obstetricians and Gynecologist)
- ⌚ EASTMAN'S EXPECTANT MOTHERHOOD
Russel
- ⌚ PREGNANT AND LOVING IT
Cutis, Beard and Coroles
- ⌚ YOUR PREGNANCY WEEK BY WEEK
Curtis
- ⌚ A CHILD IS BORN
Nilsson, Ingelman-Sundberg and Wirsén
- ⌚ HAVING A BABY
Trimmer
- ⌚ WHAT TO EXPECT THE FIRST YEAR
Eisenberg, Murkoff and Hathaway
- ⌚ NURSING YOUR BABY
Pryor and Pryor
- ⌚ THE WOMANLY ART OF BREASTFEEDING
LaLeche League International
- ⌚ THE NURSING MOTHERS' COMPANION
Huggins